

# Hot Topics in Perinatal Nursing

2017 Fall Conference October 15-17



**AWHONN**

PROMOTING THE HEALTH OF  
WOMEN AND NEWBORNS

WASHINGTON SECTION

Campbell's Lake Chelan Waterfront Resort in Chelan, Washington



[www.awhonnwa.org/](http://www.awhonnwa.org/)

## Conference Description

The 2017 AWHONN Washington Section Fall Conference will present lectures and discussions on emerging, cutting edge perinatal topics. This conference features nationally and locally recognized speakers, known for both their expertise in clinical management and their contributions to perinatal knowledge.

## Conference Goals

AWHONN WA Fall Conference provides evidence-based, clinically relevant education specific to obstetrics, newborn care, and women's health. The conference goals are to:

- Recognize personal strengths to be a leader in a dynamic healthcare environment
- Implement evidence-based solutions in all practice settings
- Develop professional strategies to improve outcomes for women, newborns, and nurses

## Audience

Staff nurses, clinical specialists, lactation consultants, CNM/LMs, nurse practitioners, nurse managers, educators, doulas, and other community professionals involved in the care of childbearing families.

## Conference Site and Accommodations



### Campbell's Lake Chelan Waterfront Resort

104 W Woodin Ave, Chelan WA 98816

509-682-2561 or 800-553-8225

[campbellsresort.com](http://campbellsresort.com)

The special AWHONN standard queen room rate is \$138, and \$200 for a 2-bedroom beach unit, (plus taxes and fees). These rates are valid October 13-17. **Contact the resort directly.** Group reservation code is **422394**. This rate will be honored until the block of rooms is filled. To get these rates, make reservations prior to September 17, 2017.

For extended dates, the discount rate might be available depending on room availability. Contact the resort directly.

Campbell's Resort is the premier all-season, hotel resort located in Chelan, WA. Every room comes with Campbell's Resort's signature feature: stunning up-lake views of Lake Chelan from a private balcony or deck.

Dining, spa, and recreation reservations should be made in advance of arrival.

There are other accommodations nearby as well. Contact the Chelan Chamber of Commerce for information.

## Speaker Handouts

A link to speaker presentation handouts will be sent to you at registration and updated prior to the conference. Handouts will only be available to attendees and for 60 days after the end of the conference.

## Poster Presentations - New this year

This is an opportunity to share your research or new idea! Topics should relate to women's health, OB/neonatal nursing practice, education, or administration and should complement the 2017 conference goals. If anyone has a poster they would like to share, please contact us at [waawhonn@hotmail.com](mailto:waawhonn@hotmail.com).

## Continuing Education Units

11.75 CEUs (contact hours) for the conference.

2.5 CEUs in addition for the Pre-Conference.

MultiCare Regional Perinatal Outreach Program is accredited as a provider of Continuing Nursing Education (CNE) by the California Board of Registered Nursing, Provider Number 14161.

## Infants at Conference

Babies in arms are welcome, as long as they are not disruptive. Attendees with infants should sit near an exit so they may slip out if necessary. No childcare is provided. Pumping facilities will be provided.

## Sunday, October 15

1300-1900	Registration
1400-1630	Pre-Conference Session: <b>Fetal Monitoring: Problems and solutions</b> Cyndi Krening
1630-1800	Vendor Reception: Enjoy networking with other community professionals and discover new and cutting edge maternal-infant products. (No host bar.)
1815-1830	Welcome, Introduction, and Opening Remarks
1830-2000	<b>Mission Possible: It's Time for Everyone to be a Leader</b> Mara Zabari, Keynote Speaker
2000-2015	Closing Comments

## Monday, October 16

0700-0800	Breakfast and Vendor Exhibits
0800-0805	Welcome, Introduction, and Opening Remarks
0805-1000	<b>Two Sides of Secondary Traumatic Stress in Nurses: Witnessing Traumatic Birth or Experiencing Workplace Incivility</b> Penny Simkin and Kathy Spring
1000-1015	Break and Vendor Exhibits
1015-1115	<b>Rocky Mountain High: Weeding Through the Myths of Marijuana Legalization</b> Cyndi Krening
1130-1300	<b>WA AWHONN Business Meeting and Luncheon</b> Network with conference speakers
1300-1415	<b>Movie screening Dark Side of the Full Moon: When Motherhood Meets Mental Health</b> By Maureen Fura and Jennifer Silliman
1415-1515	<b>Perinatal Mood and Anxiety Symptoms (PMADs): Updates on Evaluation and Treatment</b> Veronika Zantop
1515-1530	Closing Comments
1545-1630	Vendor Parade and Door Prizes

## Tuesday, October 17

0700-0800	Breakfast and Vendor Exhibits
0800-0805	Welcome, Introduction and Opening Remarks
0805-1000	<b>Seahorses and Unicorns: Caring for LGBTQ Patients in the OB Setting</b> Simon Ellis and Clare Sherley
1000-1030	Break and Resort check-out
1030-1130	<b>Restoring the Infant Gut Microbiome</b> Tracy Shafizadeh
1130-1215	Break and Resort check-out
1215-1415	<b>Closing Presentation</b> Dixie Weber
1415-1500	Wrap up and Door Prizes

## Speakers

*Cyndi Krening, MS, CNS, RNC-OB, C-EFM*  
Perinatal CNS, Women & Infants Services  
St. Joseph Hospital  
Denver, CO

*Mara Zabari, PhD*  
Conscious Healthcare Designs  
Seattle, WA

*Penny Simkin, PT*  
DONA International (formerly Doulas of North America)  
PATCh (Prevention and Treatment of Traumatic Childbirth)  
Simkin Center for Allied Birth Vocations at Bastyr University  
Seattle, WA

*Kathy Spring, BSN, RNC-OB*  
Swedish Medical Center  
Kaiser Permanente  
Seattle, WA

*Veronika Zantop, MD*  
Swedish Medical Center  
Seattle, WA

*Simon Ellis, ARNP, CNM*  
Kaiser Permanente  
Seattle, WA

*Clare Sherley, DNP, CNM*  
MultiCare  
Kent, WA

*Tracy Shafizadeh, PhD*  
Evolve Biosystems  
Davis, CA

*Dixie Weber, MS, RNC*  
St. Luke's Health System  
Boise, ID

Networking Event. Meet the speakers.  
Monday, Oct. 16 during lunch 1130-1300  
Speakers will host informal roundtable discussions.  
A limited number of tickets will be available on a first come first basis at the registration table Monday morning.

We have an Amazon Wish List again this year for West Side Baby. Diapers can be ordered and sent directly to the diaper bank. We ask that anyone using this method to donate please type "AWHONN" in the note so we can track donations from nurses. See [www.awhonnwa.org/](http://www.awhonnwa.org/)



# 2017 Washington AWHONN Fall Conference Registration Form

October 15-17 at Campbell's Lake Chelan Waterfront Resort in Lake Chelan, Washington

**REGISTER ONLINE (accepts credit card payment only): at [www.awhonnwa.org/](http://www.awhonnwa.org/)**

**Bold** fields required.

**Name:** \_\_\_\_\_

**AWHONN member number** (if applicable; required for AWHONN rate): \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Job Title:** \_\_\_\_\_

**Company:** \_\_\_\_\_

**T-Shirt Size:**  Small  Medium  Large  XLarge  XXLarge *(Register by Sept. 10 to guarantee T-shirt)*

## Meals

Breakfast and lunch are provided on Monday and Tuesday. Optional meal choices include gluten-free and vegetarian selections. Please specify any dietary restrictions when registering. We cannot guarantee all dietary restrictions will be met, but will make every effort. Other dietary restrictions must be discussed individually with the resort.

Registration Type	AWHONN Member	Non-Member or Community Professional	Student*
Pre-Conference Only (Sunday)	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70	<input type="checkbox"/> \$50
Conference Only (Sun., Mon. & Tues.)	<input type="checkbox"/> \$250	<input type="checkbox"/> \$290	<input type="checkbox"/> \$175
Pre-Conference & Full Conference	<input type="checkbox"/> \$310	<input type="checkbox"/> \$360	<input type="checkbox"/> \$225

\* Students must show proof of current full-time enrollment in an undergraduate nursing program (ADN or BSN) **at check in.**

Registration is limited. Registration will close as soon as capacity is reached, so register early! Breakfast, lunches, coffee and tea and Vendor reception included.

**Registration Closes: September 30 at 5 p.m. PT.**

**Cancellation:** Cancel by **September 30** at 5 p.m. PT to receive a refund minus a \$35 processing fee.

In the event of conference cancellation by AWHONN Washington Section, full tuition refunds will be given.

Check it out! [www.facebook.com/groups/AWHONNWashingtonSection/](http://www.facebook.com/groups/AWHONNWashingtonSection/)

**Conference Questions: [waawhonn@hotmail.com](mailto:waawhonn@hotmail.com)**