Hot Topics in Perinatal Nursing
2017 Fall Conference October 15-17

Campbell's Lake Chelan Waterfront Resort in Chelan, Washington

www.awhonnwa.org/
Conference Description
The 2017 AWHONN Washington Section Fall Conference will present lectures and discussions on emerging, cutting edge perinatal topics. This conference features nationally and locally recognized speakers, known for both their expertise in clinical management and their contributions to perinatal knowledge.

Conference Goals
AWHONN WA Fall Conference provides evidence-based, clinically relevant education specific to obstetrics, newborn care, and women’s health. The conference goals are to:

- Recognize personal strengths to be a leader in a dynamic healthcare environment
- Implement evidence-based solutions in all practice settings
- Develop professional strategies to improve outcomes for women, newborns, and nurses

Audience
Staff nurses, clinical specialists, lactation consultants, CNM/LMs, nurse practitioners, nurse managers, educators, doulas, and other community professionals involved in the care of childbearing families.

Speaker Handouts
A link to speaker presentation handouts will be sent to you at registration and updated prior to the conference. Handouts will only be available to attendees and for 60 days after the end of the conference.

Poster Presentations - New this year
This is an opportunity to share your research or new idea! Topics should relate to women’s health, OB/neonatal nursing practice, education, or administration and should complement the 2017 conference goals. If anyone has a poster they would like to share, please contact us at waawhonn@hotmail.com.

Continuing Education Units
11.75 CEUs (contact hours) for the conference.
2.5 CEUs in addition for the Pre-Conference.
MultiCare Regional Perinatal Outreach Program is accredited as a provider of Continuing Nursing Education (CNE) by the California Board of Registered Nursing, Provider Number 14161.

Infants at Conference
Babies in arms are welcome, as long as they are not disruptive. Attendees with infants should sit near an exit so they may slip out if necessary. No childcare is provided. Pumping facilities will be provided.

Conference Site and Accommodations
Campbell's Lake Chelan Waterfront Resort
104 W Woodin Ave, Chelan WA 98816 509-682-2561 or 800-553-8225 campbellsresort.com

The special AWHONN standard queen room rate is $138, and $200 for a 2-bedroom beach unit, (plus taxes and fees). These rates are valid October 13-17. Contact the resort directly. Group reservation code is 422394. This rate will be honored until the block of rooms is filled. To get these rates, make reservations prior to September 17, 2017.

For extended dates, the discount rate might be available depending on room availability. Contact the resort directly.

Campbell’s Resort is the premier all-season, hotel resort located in Chelan, WA. Every room comes with Campbell’s Resort’s signature feature: stunning up-lake views of Lake Chelan from a private balcony or deck.

Dining, spa, and recreation reservations should be made in advance of arrival.

There are other accommodations nearby as well. Contact the Chelan Chamber of Commerce for information.
Sunday, October 15

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>1300-1900</td>
<td>Registration</td>
</tr>
</tbody>
</table>
| 1400-1630 | Pre-Conference Session:  
*Fetal Monitoring: Problems and solutions*  
Cyndi Krening |
| 1630-1800 | Vendor Reception: Enjoy networking with other community professionals and discover new and cutting edge maternal-infant products. (No host bar.) |
| 1815-1830 | Welcome, Introduction, and Opening Remarks                                |
| 1830-2000 | *Mission Possible: It's Time for Everyone to be a Leader*  
Mara Zabari, Keynote Speaker |
| 2000-2015 | Closing Comments                                                         |

Monday, October 16

<table>
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<tbody>
<tr>
<td>0700-0800</td>
<td>Breakfast and Vendor Exhibits</td>
</tr>
<tr>
<td>0800-0805</td>
<td>Welcome, Introduction and Opening Remarks</td>
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</tbody>
</table>
| 0805-1000 | *Two Sides of Secondary Traumatic Stress in Nurses: Witnessing Traumatic Birth or Experiencing Workplace Incivility*  
Penny Simkin and Kathy Spring |
| 1000-1015 | Break and Vendor Exhibits                                                 |
| 1015-1115 | *Rocky Mountain High: Weeding Through the Myths of Marijuana Legalization*  
Cyndi Krening |
| 1130-1300 | WA AWHONN Business Meeting and Luncheon  
Network with conference speakers |
| 1300-1415 | *Movie screening Dark Side of the Full Moon: When Motherhood Meets Mental Health*  
By Maureen Fura and Jennifer Silliman |
| 1415-1515 | *Perinatal Mood and Anxiety Symptoms (PMADs): Updates on Evaluation and Treatment*  
Veronika Zantop |
| 1515-1530 | Closing Comments                                                         |
| 1545-1630 | Vendor Parade and Door Prizes                                             |

Tuesday, October 17

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| 0805-1000 | *Seahorses and Unicorns: Caring for LGBTQ Patients in the OB Setting*  
Simon Ellis and Clare Sherley |
| 1000-1030 | Break and Resort check-out                                                |
| 1030-1130 | *Restoring the Infant Gut Microbiome*  
Tracy Shafizadeh |
| 1130-1215 | Break and Resort check-out                                                |
| 1215-1415 | *Closing Presentation*  
Dixie Weber |
| 1415-1500 | Wrap up and Door Prizes                                                  |

Speakers

- **Cyndi Krening, MS, CNS, RNC-OB, C-EFM**  
Perinatal CNS, Women & Infants Services  
St. Joseph Hospital  
Denver, CO

- **Mara Zabari, PhD**  
Conscious Healthcare Designs  
Seattle, WA

- **Penny Simkin, PT**  
DONA International (formerly Doulas of North America)  
PATTCh (Prevention and Treatment of Traumatic Childbirth)  
Simkin Center for Allied Birth Vocations at Bastyr University  
Seattle, WA

- **Kathy Spring, BSN, RNC-OB**  
Swedish Medical Center  
Kaiser Permanente  
Seattle, WA

- **Veronika Zantop, MD**  
Swedish Medical Center  
Seattle, WA

- **Simon Ellis, ARNP, CNM**  
Kaiser Permanente  
Seattle, WA

- **Clare Sherley, DNP, CNM**  
MultiCare  
Kent, WA

- **Tracy Shafizadeh, PhD**  
Evolve Biosystems  
Davis, CA

- **Dixie Weber, MS, RNC**  
St. Luke’s Health System  
Boise, ID

Networking Event. Meet the speakers.  
Monday, Oct. 16 during lunch 1130-1300  
Speakers will host informal roundtable discussions.  
A limited number of tickets will be available on a first come first basis at the registration table  
Monday morning.

We have an Amazon Wish List again this year for West Side Baby. Diapers can be ordered and sent directly to the diaper bank. We ask that anyone using this method to donate please type "AWHONN" in the note so we can track donations from nurses. See www.awhonnwa.org/
2017 Washington AWHONN Fall Conference Registration Form
October 15-17 at Campbell’s Lake Chelan Waterfront Resort in Lake Chelan, Washington

REGISTER ONLINE (accepts credit card payment only): at www.awhonnwa.org/

Bold fields required.

Name: ____________________________________________

AWHONN member number (if applicable; required for AWHONN rate): ______________________________

Address: ____________________________________________

City: __________________________ State: ______ Zip: ______

Email Address: ______________________________________

Phone: ____________________________________________

Job Title: __________________________________________

Company: _________________________________________

T-Shirt Size:  □ Small  □ Medium  □ Large  □ XLarge  □ XXLarge  (Register by Sept. 10 to guarantee T-shirt)

Meals
Breakfast and lunch are provided on Monday and Tuesday. Optional meal choices include gluten-free and vegetarian selections. Please specify any dietary restrictions when registering. We cannot guarantee all dietary restrictions will be met, but will make every effort. Other dietary restrictions must be discussed individually with the resort.

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>AWHONN Member</th>
<th>Non-Member or Community Professional</th>
<th>Student*</th>
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<tbody>
<tr>
<td>Pre-Conference Only (Sunday)</td>
<td>$60</td>
<td>$70</td>
<td>$50</td>
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<tr>
<td>Conference Only (Sun., Mon. &amp; Tues.)</td>
<td>$250</td>
<td>$290</td>
<td>$175</td>
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<tr>
<td>Pre-Conference &amp; Full Conference</td>
<td>$310</td>
<td>$360</td>
<td>$225</td>
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* Students must show proof of current full-time enrollment in an undergraduate nursing program (ADN or BSN) at check in.

Registration is limited. Registration will close as soon as capacity is reached, so register early! Breakfast, lunches, coffee and tea and Vendor reception included.

Registration Closes: September 30 at 5 p.m. PT.
Cancellation: Cancel by September 30 at 5 p.m. PT to receive a refund minus a $35 processing fee.
In the event of conference cancellation by AWHONN Washington Section, full tuition refunds will be given.

Check it out! www.facebook.com/groups/AWHONNWashingtonSection/

Conference Questions: waawhonn@hotmail.com